



The Ultimate Pet Care Checklist

1. Daily Exercise & Enrichment

⚡ Why it matters:

Physical activity and mental stimulation are essential to prevent boredom and behavioral issues

- ✓ At least 30 mins daily walking (preferably twice a day)
- ✓ Interactive play with toys (fetch, tug-of-war, etc.)
- ✓ Provide chew toys, puzzle feeders, and training sessions

Tip: Adjust intensity and duration based on your pup's breed and age



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2. Quality Nutrition

ⓘ Why it matters:

Proper nutrition is vital for your dog's overall health and longevity

- ✓ Feed high-quality commercial or home-cooked diet
- ✓ Ensure diet is balanced and appropriate for your dog's age, size, and activity level
- ✓ Provide fresh water at all times

Tip: Seek guidance from your vet on the best diet for your individual dog

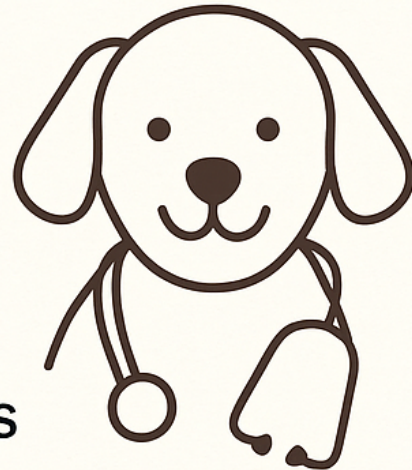
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3. Routine Preventive Care

Why it matters:

Regular check-ups allow early detection and treatment of health issues

- ✓ Schedule annual vet visits for wellness exams
- ✓ Discuss any concerns or changes in your dog's behavior with the vet
- ✓ Stay up to date with flea and tick prevention



Tip: Maintain a record of your dog's medical history for reference

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✓ 4. Grooming

Why it matters:

Maintaining coat and nail health is essential for your dog's comfort.

- ✓ Brush your dog's coat regularly to prevent matting
- ✓ Bathe your dog as needed
- ✓ Trim your dog's nails to prevent overgrowth



Tip: Introduce grooming habits early to make the process easier

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✓ 5. Grooming & Hygiene Essentials

Why it matters:

Regular grooming and cleaning are vital for your dog's well-being

- ✓ Brush your dog's coat regularly
- ✓ Clean your dog's ears to prevent infections
- ✓ Brush your dog's teeth to maintain dental health

Tip: Use dog-safe products for all grooming tasks



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✓ 6. Health & Safety Practices

**These practices
protect your dog
in case of
emergencies**

- ✓ Ensure your dog is microchipped
- ✓ Know the location of the nearest vet clinic
- ✓ Have an emergency plan in place



Tip: Keep an emergency contact list handy

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Section 7: Mental Wellness & Socialization

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Why it matters:

Mental health issues from stress or isolation can lead to behavioral problems or depression in dogs.



Socialization Tips

Reduce Stress

Create a calm environment with positive reinforcement



Meet New People/Pets

Regular exposure to different environments, people, and dogs



Avoid Isolation

Don't leave your dog alone for excessive lengths of time



Mental Stimulation

Provide puzzle toys, training sessions, and interactive games



Training and socialization classes can be helpful!